## **EDM Council Women Data Professionals**

**EDM Council Women Data Professionals presents:** 

## The Hoarding Mentality and what to do about it

April 24, 2024





Find us on

## EDMConnect %

The online community for EDM professionals







## **Today's speakers**





#### Michelle Van Steenbergen

SVP, Commercial Banking, Sr. Business Data Manager **M&T Bank** 

#### **Caroline Carruthers**

Chief Executive Carruthers & Jackson



#### **Co-Chairs for EDMC WDP**



#### Marla Dans

 Head of Data Management & Governance at Chicago Trading Co.



#### Dessa Glasser

- Principal, Data Advisory & Analytics, FRG
- Independent Board Member at Oppenheimer & Co. and Chair at GLEIF



#### Andrea Ianniello

- Chairperson of the Board at Genesys Works
- Former President & Chief Commercial Officer for LMRKT

#### Mission

Provide support for and promote women in the data field and assist in their development and promotion to more senior roles

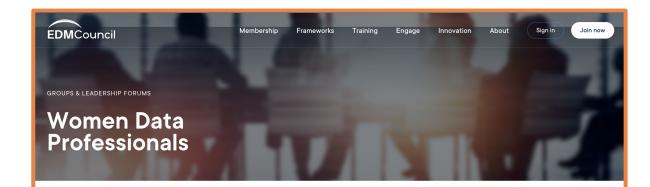
- Access to educational material
- Both women and men to exchange ideas, and network
- Highlight and celebrate the accomplishments of women in the data field
- Provide a calendar and information on upcoming events of interest

#### Highlights

- Founded July 26th, 2019
- · Global Leads and Committees
- 2,500+ members
- Active LinkedIn Group and EDMConnect content page
- Global webinar events coordination



## Join the EDMC Women Data Professionals – open to all



#### Advancing the Role of Women in Data Management

Welcome to EDM Council's Women Data Professionals Forum. Both our members and guests are invited to participate in this open interest group.

We are excited about this initiative to advance women in our profession and build an active and effective community.

#### Our mission

The mission of the Women Data Professionals group is to provide support for and promote women in the field of data and assist in their development and promotion to more senior roles.



Join the Women Data Professionals Forum

ALL are welcome to join and participate - women and men alike.

Join now



#### edmcouncil.org/women-data-professionals/

### Women Data Professionals

Advancing the role of women in data management



# the hoarding mentality and what to do about it...

# carruthers



jackson

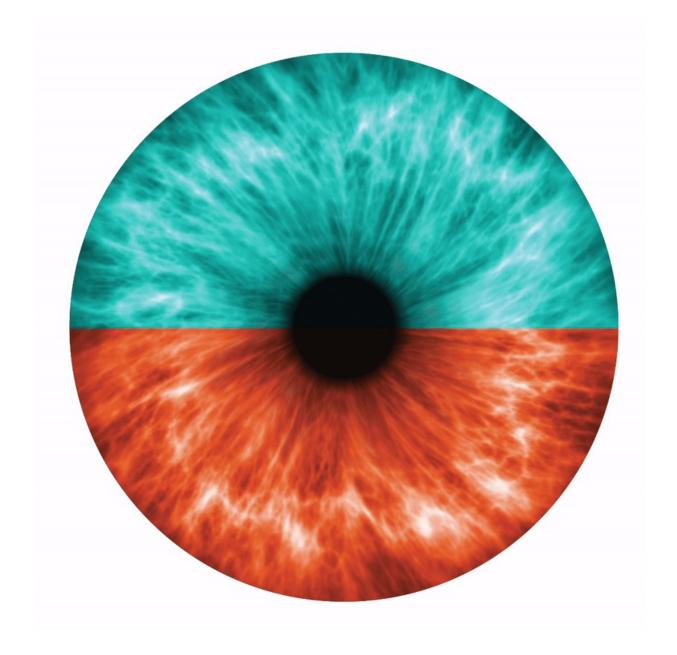
March 2024

**Caroline Carruthers** 











# but it's ok -I.T. will sort it all out for us.

## We all need therapy

## Cognitive Behavioural Therapy

- Discover why they are compelled to hoard
- Learn to organise possessions in order to decide what to discard
- Develop decision making skills
- Get help from an outside perspective
- Gain and perform relaxation skills
- Have periodic visits and consultations to maintain



## **Party House**

# what does the house look like now and how do we use it.

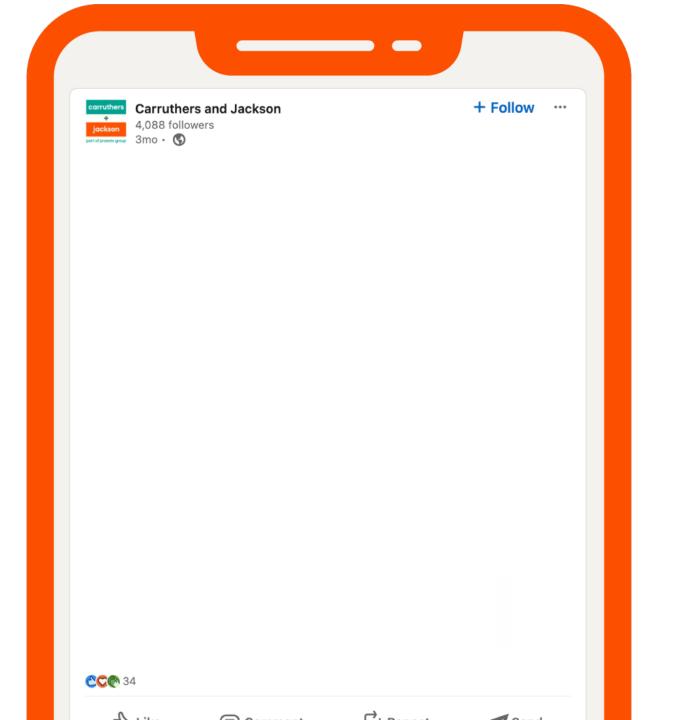




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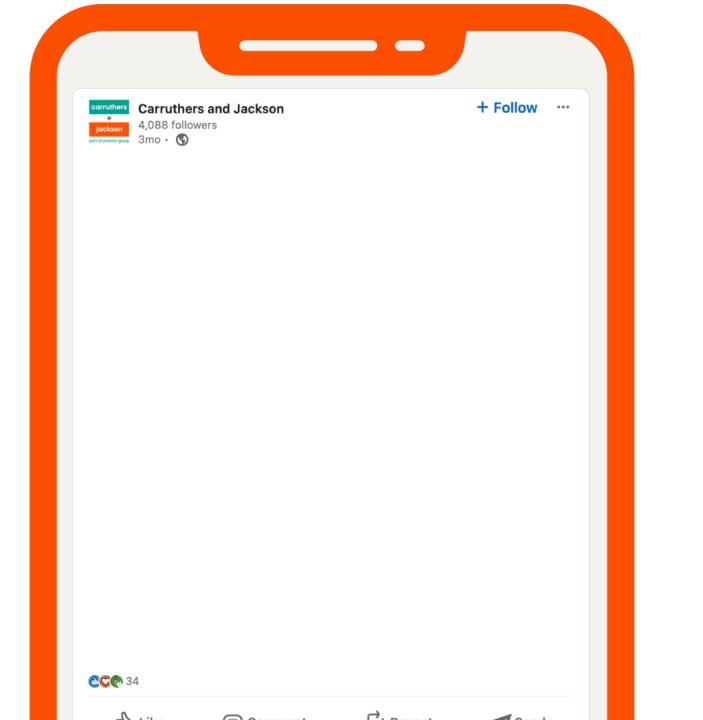
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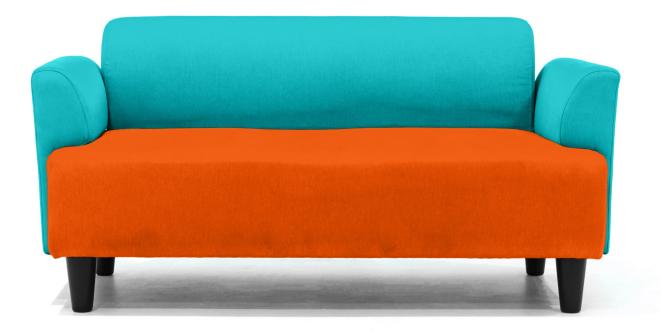




# now is not the time to be stagnant...

# ... but to be bold

# Any questions? Let's discuss...



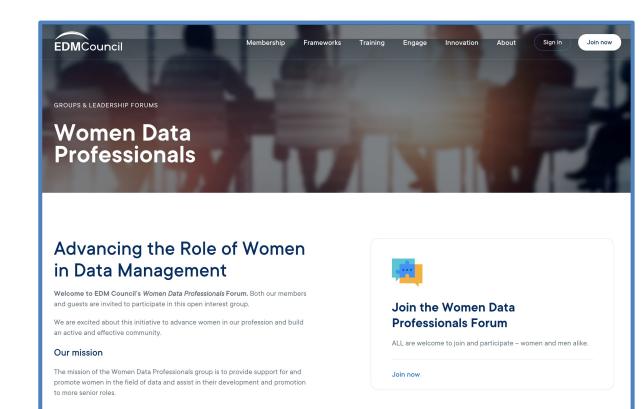


Carruthersandjackson.com

Caroline Carruthers | LinkedIn



## Join the EDMC Women Data Professionals – open to all





### Women Data Professionals

Advancing the role of women in data management

